

## VISION

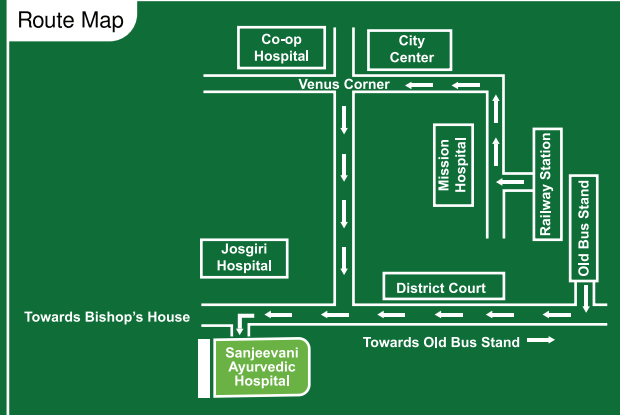
To be recognized as one of the main centers for intergrated authentic ayurveda, yoga and counselling practies to deliver wellness and healing healthcare

## MISSION

Sanjeevni multi speciality ayurveda hospital and yoga center, believes in the power and potential of ayurveda to represent holistic health. Our aim is to provide holistic health and healing to the world by intergrating ayurveda with yoga and psychological counselling. We accept it as our responsibility to provide health services that prioritize through health care, health education and social service. We are committed to educate and raise awareness about the benefits of ayurveda for creating a healthier tomorrow.

## OTHER TREATMENTS

BANDAGE	NOOL DHARA
LEPANAM	PICHU
DHANYAMALA DHARA	PIZHICHIL
ELAKIZHI	PODI KIZHI
HEAD MASSAGE	SHIRO DHARA
BLOODLETTING	SHIRO VASTHI
KASHYA VASTHI	SNEHA PANAM
KATEE VASTHI	SNEHA VASTHI
KSHEERA DHARA	STEAM BATH
KSHEERA DHOOMAM	TAKRA DHARA
KSHEERA VASTHI	THALA POTHICHIL
MATHRA VASTHI	THALAM
MUKHA LEPAM	THARPANAM
PUTAPAKAM	UDWARTHANAM
NASYAM	VAMANAM
NAVARA KIZHI	VIRCHANAM
NETHRA DHARA	SWEDAM
	DHARA



**Dr. Sathigopal .K.P. BAMS**

Senior Medical Officer

Mob: 9447 481 528

OP Timing: 10am - 1pm | 2pm - 5pm

No Consultation on Saturdays and Sundays

On Saturdays: Coimbatore Arya Vaidhya Pharmacy, Iritty  
Ph: 0490 2491528



**Sanjeevani**

MULTI SPECIALITY AYURVEDA HOSPITAL AND YOGA CENTRE

*To Live  
a healthy life*



**Sanjeevani**

MULTI SPECIALITY AYURVEDA HOSPITAL AND YOGA CENTRE

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## TREATMENTS



### SHIRODHARA

The shirodhara technique soothes and invigorates the senses and the mind. A total feeling of wellness, mental clarity and comprehension is experienced in this process. This is a treatment to several diseases connected with the head, neck, eyes, ears, nose, thorax and helpful against insomnia.



### ABHYANGAM (MASSAGE)

A special type of oil massage in which the body is stroked in different ways according to the body condition. It is very useful in diabetics, obesity, low back pain all sorts of body pains and for general health improvement. It removes toxins from the body, clear intelligence and alertness of senses, improves sexual ability, efficiency of digestion, absorption and excretion.



### MEDICATED STEAM BATH

Medicated wet vapours are used to induce sweat all over the body. It makes your skin healthy, relieves you of general body aches, improve blood circulation helps you in reducing weight loss, and drains toxins from deep tissues.



### NAVARAKIZHI

This is an immuno-enhancing rejuvenation therapy and is made use in convalescence period of injury and trauma, muscular wasting, arthritis general weakness, paralysis, pains related to the joints and muscles etc...

## SPECIAL TREATMENTS



### BACK PAIN



### YOGA THERAPY



### DELIVERY TREATMENT



### KARKKIDAKA TREATMENT

## PSYCHOLOGY & COUNSELING ALSO AVAILABLE HERE